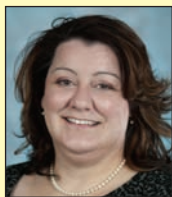


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Chicago Hospital NewsTM and HEALTHCARE REPORT

THE REGION'S MONTHLY NEWSPAPER FOR HEALTHCARE PROFESSIONALS & PHYSICIANS

Hospitals Unique as Both Health Care Providers and Employers

BY MONICA KATZ



Monica Katz

Regardless of how the Supreme Court rules on Patient Protection and Affordable Care Act (ACA), employers still have to comply with many of the tenets in legislation. A number of the ACA requirements were introduced into health plans beginning with those that had plan year start dates of January 1, 2010-11. As employers prepare their benefit offerings for 2013 and beyond,

employers will need to review their benefit plan offerings with a critical eye to the design to meet the new ACA requirements.

More importantly, hospital employers need to create strategic partnerships to assist in positioning the benefit plans to meet the challenges ahead in this changing landscape and to take advantage of the opportunities to shine. The Metropolitan Chicago Healthcare Council's (MCHC) Employee Benefit Plans and

Trust (EBP) can help hospitals manage their employee benefits, providing participating hospitals comprehensive benefit programs with the best terms for both employees and members. MCHC's knowledge of the many nuances of hospitals as an employer is a benefit that EBP brings to its 65 participating member hospitals. In 2011, MCHC provided health insurance coverage for more than 125,700 people, including mem-

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Accountable Care Organizations: A Viable Model or Reversible Error?



Marvin Kamensky



Wasif Ali Khan

BY MARVIN KAMENSKY, ESQ., AND WASIF ALI KHAN, ESQ.

Accountable Care Organizations ("ACOs") are talked about frequently these days; some argue that they will (and should) be the new model for healthcare delivery and others argue that they are not a viable model of healthcare delivery for the American system. Ultimately, an ACO is a network of doctors and other healthcare providers from across the medical spectrum that shares responsibility for efficiently providing quality medical care to patients.¹ ACO proponents have identi-

fied the following as essential elements of an ACO: (1) the ability to provide, and manage with patients, the continuum of care across different institutional settings, including at least ambulatory and inpatient hospital care, and possibly post acute care; (2) the capability of prospectively planning budgets and resource needs; and (3) sufficient size to support comprehensive, valid, and reliable performance measurement.² An ACO organized under the Centers for Medicare and Medicaid Services' Shared Savings Program is expected to realize its ultimate goal, the improvement of individu-

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Hospital/Physician Relations: Helping Physicians Tackle Stress and Burnout

BY DR. ALAN H. ROSENSTEIN

It's not a surprise that physicians are stressed and burned out. In a nationwide, multi-specialty survey on physician stress and burnout of over 2,000 physicians conducted by Physician Wellness Services and Cejka Search in late 2011, almost 87% of physicians reported they are feeling moderately to severely stressed and burned out on an average day, and almost 63% of them are feeling more stressed

and burned out than they did three years ago.

However, the survey went much further, delving into the causes and effects of stress and burnout in almost every area of physicians' lives. The results are thought-provoking, to say the least. And, the implications are enormous for both individuals and healthcare organizations.

In capturing the causes and effects of physician stress and burnout across three areas - external, work-related and personal life-related factors - the

impacts were far-reaching. Because of their stress and burnout, physicians reported suffering from:

- Decreasing job satisfaction
- Decreasing productivity
- Insufficient work/life balance
- Conflict at work and at home
- Feelings of irritability, moodiness, anger and hostility
- General tiredness, lack of sleep and difficulty sleeping
- Negative impacts on physical health
- Negative impacts on mental

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Dr. Alan H. Rosenstein

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Around the Region... Around the Region...

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Advocate BroMenn Names VP of Patient Services and Chief Nursing Executive

Advocate BroMenn Medical Center recently named Laurie Round, RN, BSN, MS, as Vice President of Patient Services and Chief Nursing Executive.

A member of the Advocate family, Round comes to BroMenn from Advocate South Suburban Hospital in Hazel Crest where she served as Director of Critical Care, IV Team and Dialysis since 2009. Round previously served as Manager of Clinical Operations, Emergency Department and Trauma Center as well as Assistant Nurse Manager of the Emergency Department at Advocate Christ Medical Center in Oak Lawn.

She also served as Director, Medical Surgical Nursing, Pediatrics, IV Team and Dialysis at St. Francis Hospital and Health Center, Blue Island and as Clinical Manager, Surgical Services at Adventist Hinsdale Hospital, Hinsdale.



Laurie Round

Harton Named Director of Critical Care Services at Advocate South Suburban Hospital

Advocate South Suburban Hospital is pleased to announce the appointment of Lisa Harton, RN, BSN, MPH, MBA, CIC, as Director of Critical Care Services.

Harton joins Advocate South Suburban Hospital with a wealth of project management and nursing experience. Mostly recently, Harton served as a project manager for Advocate Health Care. Prior to that, she was Manager of Clinical Operations at Advocate Hope Children's Hospital.



Lisa Harton

Wendy S. Leutgens Named COO of Loyola University Medical Center

Wendy S. Leutgens, R.N., M.S.N., a health-care executive with more than 20 years of experience in hospital operations, nursing management and physician practice management, has been named chief operating officer of Loyola University Medical Center.

Leutgens previously served as associate hospital director of professional services at Vanderbilt University Medical Center, Nashville, TN. She began her career as a staff nurse, caring for pediatric patients at Carolinas Medical Center, Charlotte, NC, and assumed roles of greater leadership and responsibility over the next 20 years. Before her career at Vanderbilt, which began in 2002 with the role of assistant hospital director, clinical services access, she worked for PhyCor of Wilmington, NC, as chief operating officer of a multi-specialty group practice and later as director of clinical and administrative operations for at PhyCor's corporate office.



Wendy S. Leutgens

La Rabida Children's Hospital Names New Assistant Vice President of Ambulatory Care

La Rabida Children's Hospital has named a new assistant vice president of ambulatory care services to oversee and enhance ambulatory operations, including satellite locations and a newly launched electronic medical record (EMR) system.

Marcene Dickes, M.H.A., B.S.N., R.N., 57, brings more than 30 years of experience in pediatric nursing, nursing administration, marketing, business development, and physician relations to the role. Her wealth of experience includes positions at tertiary health care institutions and academic medical centers in Kansas, Missouri, South Dakota and Nebraska.

Most recently, Dickes was senior director of pediatric marketing and business development at University of Kansas Medical Center (KU).



Marcene Dickes

Nurse Appointed as Administrator for New Optimal Recovery Center

Annette Borcky, R.N., has been appointed administrator of Alden Estates of Shorewood, specializing in short-term orthopedic recovery and post-acute services. Borcky will provide leadership at the facility, which is opening this May.

Borcky, who was hired in 2010, previously served as Administrator at Alden Des Plaines. She is now busy hiring and training all staff, implementing a restaurant dining program and overseeing the final phase of construction. She is also responsible for ensuring the facility's short-term orthopedic recovery program and post-acute services meet their outcome goals.



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Salute to Volunteers

Volunteers Honored for Service to Adventist Hinsdale Hospital

Judy Nelson of Downers Grove is no stranger to volunteering – at schools, assisted living facilities, and her church. When her youngest child went to college, a friend suggested she volunteer at Adventist Hinsdale Hospital. That was 25 years ago and she is still volunteering there as an escort.

Nelson, along with fellow longtime volunteer Nan Barnhart of Clarendon Hills, received special honors at the 59th annual volunteer recognition luncheon at Ruth Lake Country Club in Hinsdale for 25 or more years of volunteer service to the hospital. Barnhart has been volunteering at the hospital for 35 years and currently works in the family care nursery, transporting babies and holding them when they fuss.



(l-r) Nan Barnhart and Judy Nelson

Volunteers Are the Backbone of Advocate Good Samaritan Hospital

In honor of National Volunteer Week, Advocate Good Samaritan Hospital would like to take this opportunity to show gratitude and appreciation to its hard working volunteers.

More than 500 active volunteers and over 1,000 Auxiliary members, ranging in age from age 14 to 98, work to make Good Samaritan Hospital a happy and comfortable experience for all. Their presence in the hospital is a strong reliance that can always be counted on.

The Auxiliary works year round to raise money for the hospital. Their dedication has helped ensure that the hospital has the funds to continue to provide excellent health care to patients.

"Positive attitudes of our volunteers stick out in the Good Samaritan Hospital environment," said Sharon Bodziak, manager of volunteer services.

In 2011, the volunteers contributed 74,000 hours in every area of the hospital greeting families at the front desk, checking in patients, delivering flowers and staffing both the Daisy Basket Gift Shop and Gingham Tree Resale Shop. They work to provide excellence hospital-wide.

In the last year, the Auxiliary presented hospital President, Dave Fox, with a \$290,000 donation. This generous donation not only completed the four-year \$1 million pledge for the finished surgical care pavilion, but also will benefit the Kenneth B. Holland oncology unit fund at the hospital.

Making a difference and having a positive impact on patients and their families is important to every volunteer. They go the extra mile every day.

"Volunteers are true advocates and are here for the love of the hospital and helping people," Bodziak said.

The mission of Advocate Health Care is to serve the health needs of individuals, families and communities through a wholistic philosophy rooted in the fundamental understanding of human beings as created in the image of God. Volunteers at Good Samaritan Hospital help make this mission possible with every deed.



(l-r) Maureen Burke and Debra Paulsen, volunteers at Advocate Good Samaritan Hospital

Volunteers Wanted for Statewide Emergency Response System New PSA targets health care professionals and general public

The Metropolitan Chicago Healthcare Council (MCHC), Illinois Department of Public Health (IDPH) and Chicago Department of Public Health (CDPH) recently released a new public service announcement to raise awareness about Illinois Helps, a statewide database that registers volunteers to respond to major disasters and public health emergencies in the state.

MCHC, IDPH and CDPH are encouraging both medical and non-medical volunteers to register with Illinois Helps. More than 3,700 Illinoisans are already registered with the system and may be called upon to respond to any number of emergency situations including blizzards, disease outbreaks like H1N1 and bioterrorism attacks. Illinois Helps also allows hospitals to verify the licenses and credentials of professional health care volunteers who come to their facilities to care for the influx of patients experienced during emergencies.

To view the PSA or to register with Illinois Helps visit www.mchc.com/illinoishelps. For more information about Illinois Helps, contact Kevin Sullivan at (312) 906-6068 or ksullivan@mchc.com.

PDN Staff Members Excel in Giving Back to the Community

Staff members at Professional Dynamic Network, Inc., a healthcare staffing company, based in Olympia Fields, Illinois, have raised the bar on volunteerism. The official motto of the organization is "Where Service is First." President and CEO, Gerri Smothers stated "Service to others and our willingness to serve is part of our culture. We take pride in serving others and count it a privilege."

Smothers added that each year the organization partners with St. Bernard Hospital, located in the Englewood community, to reach out to families in need, at both Thanksgiving and Christmas.

In addition to the organization's volunteer efforts, the staff members are individually involved in nearly 20 organizations where they give their time to help and serve others.

As President and CEO, Smothers sets the example for commitment to the community. Her volunteerism includes serving on multiple advisory committees and charity boards including South South-West Suburban United Way. Smothers also devotes a good deal of time mentoring young professionals in Health Care.

Marketing Director, Garrick Smothers, volunteers at Diaspora Rhythms where he helps to support and encourage under-represented artists and art programs in Chicago area schools.

Latasha Taylor Director of Corporate Services and Mary Milani, Manager of Coding Services, and both volunteers for the Illinois Health Information Management Association where they are helping to plan for the American Health Information Management Association's 2012 Convention.

Carolyn R. Evans, Director of Government Services, currently serves on the Governors State University Promise Committee which is designed to assist economically disadvantaged students complete a debt-free degree program at the university.

Tracy Powers, a PDN member, volunteers with the Philanthropic Educational Organization, one of the pioneer societies for women which was founded in 1869 at Iowa Wesleyan College to promote educational opportunities for women.



(l-r) Mary Milani, Garrick L. Smothers, Gerri Smothers, LaTasha Taylor, Tracy Powers, and Carolyn Evans.

Nursing Education and Research Volunteers at Edward Hospital

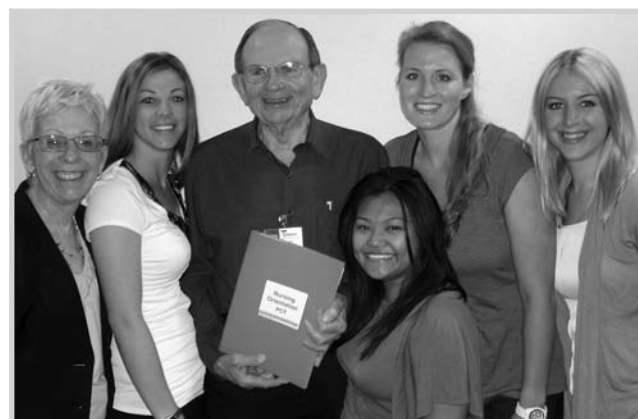
A group of dedicated volunteers provide many hours of service to Edward Hospital, and we want to especially recognize those who volunteer for Nursing Education and Research.

Mary Ellen Bell and Myra Harcourt keep the Institutional Review Board (IRB) files in perfect order, while Bob Harcourt serves as a non-scientist member on the IRB.

Keith Axtell, Jim Rose, Mort Mortensen, and Ed Rosenberg volunteer to facilitate Nursing Orientation, where they register new staff and assist instructors with equipment and presentation needs. They are responsible for keeping the day moving along on time and assuring that instructors' PowerPoint's are up and ready to go.

In addition to orientation, the men volunteer along with Chuck Rhodes, Pat Cork, and Meg Englehorn to assist at Skills Days. Their presence makes these days run smoothly.

Nursing Education and Research is very grateful for these volunteers, and all the volunteers at Edward Hospital who help us support health and strengthen communities by providing outstanding healthcare services.



Volunteer Ed Rosenberger (center) with Nursing Orientation participants and staff-member Terri O'Hara (left).

**E-mail your submissions
to judy@hospitalnews.org**